



THE TRISAGION
PRAISE TO THE MOST HOLY TRINITY

THE ORIGIN OF THE TRISAGION TO THE HOLY TRINITY

The Holy Trisagion is not a product of human thinking but from God himself, whom inspired the prophet Isaiah when he heard what was sung by the Seraphim and other heavenly choirs to increase the glory of the Creator.

It was in the same school of the Seraphim where a young boy learnt miraculously, like Saint Paul, he was assumed into Heaven, as Church history refers.

In the year 447A.D. Theodosius being the young emperor of the Orient, an extremely violent earthquake shook Constantinople and in all the famous wall of Querson's. This lasted six months, with more continuous quakes and appalling ravages, the last was the most notable of the preceding ones recorded. The damage caused to the buildings was incalculable, and the strength of the violent quakes brought down large trees, the earth opened in many places and mountains appeared where before there were plains, seawater flooded large islands, springs dried up and others appeared elsewhere, etc.

Facing this situation, it was thought prudent to abandon the population centres and that is what the inhabitants of Constantinople did with the emperor Theodosius, his sister Pulqueria, Saint Procius, patriarch at the time of that Church and all the clergy.

Gathered in an assembly called the Field they prayed fervently, supplicating Heaven with great requests asking for help in such a desperate need, when one day between eight and nine o'clock in the morning, after a tremendous earthquake, a young boy was taken up in the air in full

view of all the people in the Camp, who saw the boy go up until he was out of sight. After a long time he descended to earth in the same way he had ascended, and later in front of the Patriarch, the emperor and all the aghast multitude, told how he had been admitted into the heavenly choirs, he heard the angels sing these words.

"Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us"

and how he had been sent to tell about this vision to all present. Having said these words, the boy died.

Having heard this account, Saint Procius and the emperor ordered that all, unanimously, chant publicly this sacred canticle, and the earthquake ceased immediately and the land remained unshaken.

From here came the use of the Trisagion which the General Council of Chalcedonia prescribed to all the faithful as a method to invoke the Holy Trinity in cataclysmic and calamitous times. From here there has also been the approbation from Church Prelates, whom have supported this holy practice enriched with the treasure of indulgences, and from here, finally it has been impressed and re-impressed so many times with universal applause and acceptance by all, having this as an impenetrable shield against all the ills that God permits that should happen on earth for mankind distancing itself from Him.

(300 days indulgence, under the usual conditions, once a day)

PRAISE TO THE MOST HOLY TRINITY (TRISAGION)

† The Sign of the Cross

OFFERING

We ask you, Lord, for the Holy Church and all the priests, for the exaltation of the Catholic faith, elimination of heresies, peace and concord between all cities and nations, the conversion of all sinners, for our brothers who suffer in their body or their soul, for the sick and suffering, for the souls in purgatory and all the pious ends of our Holy Mother Church, for our Holy Father's intentions. Amen.

INTRODUCTION

V. Blessed be the Holy and Individual Trinity, now and for ever and ever.

R. Amen

V. Lord, open my lips

R. and my mouth shall declare Your praise.

V. O God, come to my aid

R. O Lord, make haste to help me.

V. Glory be to the Father, and to the Son, and to the Holy Spirit, for ever and ever.

R. Amen. Alleluia!

(During Lent instead of Alleluia the response is "Praise to you, Eternal King of Glory")

ACT OF CONTRITION

O Loving God, One in three Persons. Father, Son and Holy Spirit, in whom I believe, on whom I wait, whom I love with all my heart, more than all things! As You are my Father, my Lord and my God, Infinitely Good and worthy to be loved, it is hard for me Holy Trinity, hard, Merciful Trinity, hard O Loving Trinity, of having offended You, who are Infinite Goodness. I promise you not to offend you ever again. I trust that by Your goodness and infinite mercies, you will forgive me all my sins and will give me the Grace to persevere in Your true love and fervourous devotion to You Holy Trinity. Amen.

Hymn

Already the burning sun separates
and thus O perennial Light united!
Awaken a constant love
in our exhausted souls.

In the Dawn we praise you
and at Midday as well
sighing for joy
in Heaven at Your sight.

To the Father, the Son and You
Spirit that gives life,
Now and forever be given
infinite praises. Amen.

PRAYER TO THE ETERNAL FATHER

Almighty and eternal God the Father, whom with Your only-begotten Son and with the Holy Spirit are one and only God, one in essence and trinity in Persons, I adore,

venerate and bless You with the three Angelic Hierarchies, and with the three choirs of the first one, loving Seraphim, wise Cherubim, and exalted Thrones. I acclaim you, Holy, Holy, Holy Almighty and Eternal, Father of the Divine Word, Origin of the Holy Spirit, Lord of the Heavens and Earth, to whom be Glory for ever and ever, Amen.

Our Father.....

Hail Mary..... *and say nine times:*

Holy, Holy, Holy, Lord God of hosts, Heaven and Earth are full of Your Glory

Glory be to the Father, Glory to the Son, and Glory to the Holy Spirit.

PRAYER TO THE SON

Wise and Sovereign God the Son, Incarnate as Man for us, who with your Eternal Father and Holy Spirit, are one only God, one in essence and trinity in Persons, I adore, venerate and bless you with the three Angelic hierarchies and with the three choirs of the second, Dominions, Virtues and Powers, I acclaim you Holy, Holy, Holy, Almighty, Divine Word, and only-begotten Son of God, origin of the Holy Spirit, Lord of the Heavens and of Earth, to whom be glory for ever and ever, Amen.

O what joy! What glory and what happiness!

Our Father.....

Hail Mary..... *and say nine times:*

Holy, Holy, Holy, Lord God of hosts, Heaven and Earth are full of Your Glory

Glory be to the Father, Glory to the Son, and Glory to the Holy Spirit.

PRAYER TO THE HOLY SPIRIT

Loving God Holy Spirit, divine love, whom with the Eternal Father and the only-begotten Son are one and only God, one in essence and trinity in Persons, I adore, venerate and bless you with the three Angelic Hierarchies, and with the three choirs of the third, Principalities, Archangels and Angels. I acclaim you Holy, Holy, Holy, divine love and gentle union of the Eternal Father and the Son, proceeding in love from One and the Other, Lord of the Heavens and Earth, to whom be glory for ever and ever. Amen.

Our Father.....

Hail Mary..... *and say nine times:*

Holy, Holy, Holy, Lord God of hosts, Heaven and Earth are full of Your Glory

Glory be to the Father, Glory to the Son, and Glory to the Holy Spirit.

ANTIPHON

To you Eternal Father, to you only-begotten Son, to you Spirit of Sanctity, One God in Trinity, with all our hearts we confess, bless and praise You. To You for ever be given reverence and glory. Amen.

V. We bless the Father, the Son and the Holy Spirit.

R. Praise and bless them for ever and ever. Amen.

Prayer

Almighty and Eternal God, who has permitted your servants know the Glory of the eternal Trinity in the confession of the true faith, and adore your unity in the Almighty Majesty: we implore you that in the certainty of the faith, we may always see ourselves free of all adversity. By our Lord Jesus Christ, your Son, whom being God, with you lives and reigns in the unity of the Holy Spirit, for ever and ever. Amen.

LITANY TO THE HOLY TRINITY

God of heaven, Almighty Father,
God the Son, Redeemer of the World,
God the Holy Spirit, Font of Love,
Holy Trinity, one only God,
Creator, Conserver and Governor of
Heaven and earth,
Infinite life in which, of which and
by which, we live,
Only life divine in three Persons, Glory of
Heaven, supreme hope of mankind,
Divine sun of created and eternal light,
Eternal immensity, commencement and
end of all things,
Divine nourishment of the angels,
Rainbow of peace and clemency,
First light that has shone on the world,

To You, Lord, be honour and glory

From all kinds of evil,
From all kinds of sin,
From Your anger and punishments,
From sudden and untimely death,
From the prompts of the evil spirit,
Of anger, hate and wishing evil,
From the spirit of dishonesty,
From lightning and storms,
From the affliction of earthquakes,
From pestilence, hunger and war,
From eternal death,



Free us, O Holy Trinity

For being as You are, a God in three Persons,
For the essential sameness of your Persons,
For the greatness of the Mystery of Your Trinity,
For the ineffable name of Your Trinity,
For the exceeding love that you have for
the souls devoted to Your Holy Trinity,
For the great love with which You free the
cities from dangers where there is a
devotee to Your Trinity,
For the divine virtue that You give Your devotees
to triumph over the evil spirit



We adore You

To us, sinners,

That the devotion to Your Trinity will make us
strong to triumph over the devil,

That Your grace make the image of Your Trinity
each day more alive in our souls,

That the piety of Christians may keep us apart from
worldly vanities, making itself each day more
worthy of Your Trinity,

That we may all achieve the mercies that You
have prepared to the devotees of Your Trinity,

That Holy Souls find graces and consolation,



Please hear our prayer

ACT OF CONSECRATION OF FAMILIES

To be prayed in front of a picture of the Holy Trinity:

Holy Trinity, Father, Son and Holy Spirit, Infinitely good God, merciful, whom not contented with having created us and redeemed us. O Holy One, You wanted to come Yourself to dwell really and personally in our souls and preside and reign over our home.

By the intercession of the Immaculate Heart of Mary, I ask you for the conversion of sinners.

It is our best act to consecrate ourselves to You for ever and renew our consecration to You of this family and lift up a Throne in this place so that You may reign over all its members so that Your Will shall be the unswaying rule of our conduct.

O Loving Trinity! Take possession of this home from Your Throne and bless it.

Holy, Holy, Holy God of Hosts, Heaven and Earth are full of Your Glory. Glory to the Father, Son and Holy Spirit. There are three distinct persons whom I bless and sing to. *(Three times)*

3 x Our-Father 3 x Hail Mary 3 x Glory Be.

PRAYER OF THE ANGEL IN FATIMA

Most Holy Trinity, Father, Son, and Holy Spirit, I adore Thee profoundly. I offer Thee the Most Precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the Tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences by which He is offended. And through the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.

My God, I believe, I adore, I trust, and I love Thee! I ask pardon for those who do not believe, do not adore, do not trust and do not love Thee.



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